

Ye samajho aur samajhao
Thodi mein mauj manao
Daal-roti khao prabhu ke gun gao
Daal-roti khao prabhu ke gun gao
Aji lalach mein na aao na dil ka chain gavao
Daal-roti khao prabhu ke gun gao
Daal-roti khao prabhu ke gun gao

Ye samajho aur samajhao
Thodi me mauj manao
Daal-roti khao prabhu ke gun gao
Daal-roti khao prabhu ke gun gao

Tan pe lagoti pet mein roti
Sone ko ek khatiya
Sone ko ek khatiya

Tan pe lagoti pet mein roti
Sone ko ek khatiya
Sone ko ek khatiya
Matlab to hai nind se chahe
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Badhiya ho ya ghatiya
Badhiya ho ya ghatiya

Radhe-shyam, sita-ram
Radhe-shyam, sita-ram

Nafarat ko dur hatao aur
Sabako gale lagao
Daal-roti khao prabhu ke gun gao
Daal-roti khao prabhu ke gun gao

Chandi ki thali vale ko kya
Bhukh lage hai zyada
Kya bhukh lage hai zyada
Chandi ki thali vale ko kya
Bhukh lage hai zyada
Kya bhukh lage hai zyada
Kyo na kha le phir apas me
Bant ke adha-adha

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Bant ke adha-adha

Radhe-shyam, sita-ram

Radhe-shyam, sita-ram

Bhukhe ki bhukh mittao

Duniya me naam kamao.

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