

Do pal ka yeh jeevan hai  
Kuch karna hai to kar guzro  
Har lamha ek sapna hai  
Kya jaaane apna ho na ho

Ghum ko hamesha muskura ke chupana  
Hans ke hansa ke zindagi ko bitana

Udti ho kahin jugnoon  
Ke bethi titli kahin  
Dekho to hanseen hai yeh  
Na dekho to kuch bhi nahin  
Socho to saare hain nazaarein tumhare  
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Chaho to lo hain sitaare tumhare

Harogi to harona yeh paigaam hai jeet ka  
Haroge to tabhi to maza aayega jeet ka

Rukne na paaye silsila jo chala hai  
Dekho na bikhre qafla jo bana hai  
Rukne na paaye silsila jo chala hai  
Dekho na bikhre qafla jo bana hai  
Dekho na bikhre qafla jo bana hai.

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More Lyrics from [Vital Signs 1 \(1989\)](#)