

U u u u hu hu u u
La la la la
U hu hu u u
So jaa re nind suhani

Ek din hasana, ek din rulana, jivan kee rit purani
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Phir teree palake, kahe ko chhalake, so jaa re nind suhani
Ek din hasana, ek din rulana, jivan kee rit purani
Phir teree palake, kahe ko chhalake, so jaa re nind suhani

Sanan sanan pawan kahe so jaa milega, tujhko koyee naya khilauna
Magan magan sapan me gum ho jaa milega, duja sathi koyee salona
Din kal kaa naya din hoga, phir kaisi yeh pareshani
Ek din hasana, ek din rulana, jivan kee rit purani
Phir teree palake, kahe ko chhalake, so jaa re nind suhani

Nikalenge abhi bahut jiya ke arman, jivan sara abhi pada hai
Ho tukur tukur naya liye naa ho re hairan, uparwala bahut bada hai
Phir kahe tu pada jage, ankhio me ho liye pani abb toh so jaa
Ek din hasana, ek din rulana, jivan kee rit purani
Phir teree palake, kahe ko chhalake, so jaa re nind suhani
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More Lyrics from [Benaam \(1974\)](#)