

Ek pal mein hai zindagi
Ek pal mein nahi
Behati behati jati hai
Yeh rukati hi nahi
Ek pal mein hai zindagi
Ek pal mein nahi
Behati behati jati hai
Yeh rukati hi nahi

Duniya lagati hai mujhe
Mausam jaise hasin
Apne pyar kaa silsila
Chhu ke rahunga kabhi
Teri har ada mein
Ek kahani hai
Thodi unkahi suni sunani hai
Uljha hai yeh dil
Teri hi yaado mein
Khayalo mein khoye
Yeh khwab mein
Aur baato mein
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Tum hi tum rahe
Tanha tanha raat din
Kaise hum jiye

Armaan iss dil ke
Naa jaane hai phir bhi kitne
Mujhe nind nahiaati
Kisikee chaahat mein
Chaahat mein
Sagar ban jaaye
Siyayi toh kam hai
Adhuri dastan reh jaaye
Yahi gham hai
Maine har tarah se
Tumko chaha hai
Nibhaya hai dil se.

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More Lyrics from [Kabhi Aisa Lagta Hai \(2004\)](#)