

Itani naazuk naa bano, haay, itani naazuk naa bano  
Itani naazuk naa bano, haay, itani naazuk naa bano  
Hadake andar ho nazaakat to adaa hoti hai  
Hadase badh jaaye to aap apani sazaa hoti hai  
Itani naazuk naa bano, haay, itani naazuk naa bano

Jism kaa bojh uthaaye nahi uthataa tumase  
Jism kaa bojh uthaaye nahi uthataa tumase  
Zidagaani kaa kadaa bojh sahogi kaise  
Tum jo halakisi havaao me lachak jaati ho  
Tez jhoko ke thapedo me rahogi kaise  
Itani naazuk naa bano, haay, itani naazuk naa bano

Ye naa samajho ke har ik raah me kaliyaa hogi  
Ye naa samajho ke har ik raah me kaliyaa hogi  
Raah chalani hai to kaato pe bhi chalana hogaa  
Ye nayaa daur hai is daur me jine ke liye  
Husn ko husn kaa andaaz badalanaa hogaa  
Itani naazuk naa bano, haay, itani naazuk naa bano

Koi rukataa nahi thahare hue raahi ke liye  
Koi rukataa nahi thahare hue raahi ke liye  
Jo bhi dekhegaa voh kataraake guzar jaayegaa  
Ham agar vaqt ke hamaraah naa chalane paaye  
Vaqt ham dono ko thukaraake guzar jaayegaa  
Itani naazuk naa bano, haay, itani naazuk naa bano  
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Itani naazuk naa bano, haay, itani naazuk naa bano.

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More Lyrics from [Vaasna \(1968\)](#)