

Haste hasate raho  
Khushiya lutate raho  
Haste hasate raho  
Khushiya lutate raho  
Ghum ko chupate raho  
Ye geet gate raho  
Jeevan sukh dukh ka  
Ek sangam hain  
Jeevan sukh dukh ka  
Ek sangam hain  
Dukh thoda jyada hain  
Dukh thoda jyada hain  
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Sukh thoda kam hain  
Jeevan sukh dukh ka  
Ek sangam hain  
Jeevan sukh dukh ka  
Ek sangam hain

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Abhi is bagiya mein  
Rut hain khushi ki  
Abhi is bagiya mein  
Rut hain khushi ki  
Dil me sabhi ke chahat sabhi ki  
Aao dua mil kar ye mange  
Aao dua mil kar ye mange  
Khushi ko lage na nazar kisi ki  
Khushi ko lage na nazar kisi ki  
Mangne ka pane ka  
Mangne ka pane ka  
Yahi mausam hain  
Jeevan sukh dukh ka  
Ek sangam hain  
Jeevan sukh dukh ka  
Ek sangam hain

Dukh ke din kah kar nahi aate  
Dukh ke din kah kar nahi aate  
Sukh ke pal jane kab ud jate  
Sukh dukh chalte hain aage piche

Sukh dukh chalte hain aage piche  
Jab jo mile use raho apnate  
Jab jo mile use raho apnate  
Hoth kabhi haste hain ho  
Hoth kabhi haste hain  
Aankh kabhi naam hain  
Jeevan sukh dukh ka  
Ek sangam hain  
Jeevan sukh dukh ka  
Ek sangam hain

Dukh thoda jyada hain  
Dukh thoda jyada hain  
Sukh thoda kaam hain  
Jeevan sukh dukh ka  
Ek sangam hain  
Jeevan sukh dukh ka  
Ek sangam hain.

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More Lyrics from [Paap Ko Jalaa Kar Raakh Kar Doonga \(1988\)](#)

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