

O nile parbato ki dhaaraa
Aayi dhundhane kinaaraa badi dur se
Sab ko sahaaraa chaahiye
Koi hamaaraa chaahiye

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Phul me jaise phul ki khushabu
Dil me hai yun teraa baseraa
Dharati se ambar tak phailaa
Chaahat ki baaho kaa gheraa

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Aayi dhundhane kinaaraa badi dur se
Sab ko sahaaraa chaahiye
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Suraj pichhe ghume dharati
Saanjh ke pichhe ghume saveraa
Jis naate ne in ko baandha
Vo naataa hai teraa meraa

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More Lyrics from [Aadmi Aur Insaan \(1969\)](#)