

Suno suno suno suno  
Suno sunate hai tumko hum  
Ek dukh bhari kahani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani  
Mann tadpe kehte sunte  
Aankhen barse paani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani

Ravan ne kiya siya haran to  
Ram ne phunki lanka  
Ram ne phunki lanka  
Mita na paaye raghuvar dekho  
Apne mann ki sankha  
Apne mann ki sankha  
Insaano ki baat hai kya  
Bhagwan ne dhoka khaye  
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Logo ki baate sun kar  
Devi par dosh lagaya  
Ram se kaisi bhul huyi yeh  
Kaise huyi nadaani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani

Ram ko jab vanvas mila  
Sita ne saath na chhoda  
Sita ne saath na chhoda  
Sita chali akeli van mein  
Ram ne nata toda  
Ram ne nata toda  
Nagar ka kachcha bachcha  
Sita ki kismat pe roya  
Kan ka patta patta  
Sita ki halat pe roya  
Roi bhatki bhukhi pyasi  
Wo mehlo ki rani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani

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Sita par vishvas kiya par  
Ram ne der lagayi  
Ram ne der lagayi  
Sita laaj ke mare iss  
Dharti ke bich samayi  
Dharti ke bich samayi  
Iss jag mein hota  
Aaya hai aisa hi anyay  
Iss jag mein hota  
Aaya hai aisa hi anyay  
Abala nari bechari  
Yuhi thukrayi jaaye  
Yug bite par aaj bhi jag ki  
Yahi hai reet purani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani  
Suno sunate hai tumko hum  
Ek dukh bhari kahani  
Mann tadpe kehte sunte  
Aankhen barse paani  
Suno sunate hai tumko hum  
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Suno sunate hai tumko hum  
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More Lyrics from [Jeevan Jyoti \(1976\)](#)