

Yug Yug tak dukh saha nahin
 Kuch kha magar
 Ab kahungi nahin
 Main chhup rahungi nahin
 Yug Yug tak dukh saha nahin
 Kuch kha magar
 Ab kahungi nahin
 Main chhup rahungi nahin
 Suraj bhuja dungi main
 Ghungata jala dungi main
 Ye rasme mita dungi main
 Ye ghungata jala dungi main

Bachpan se hi bas nari ne
 Tayag ki shiksha payi hain
 Char bund aansu hi aakhir
 Iski kathin kamayi hain
 Zinda aag mein jalne
 Zinda aag mein jalne ko
 Kal ram ne tha majbur kiya
 Baith chita pe sita ne
 Pawanta ka sabut diya
 Koi mane ya na mane
 Hai aaj bhi wahi fasane
 Arey aaj bhi sita jalti hain
 Kisi na kisi bahane
 Bahane mita dungi main
 Ghungata jala dungi main
 Ye suraj bhuja dungi main
 Ghungata jala dungi main

Chutki bhar sindoor pe
 Jeevan de dena aasan nahin
 Chutki bhar sindoor pe
 Jeevan de dena aasan nahin
 Jo mandi mein bikata ho wo
 Nari ka bhagwan nahin
 Roop na dekhe daulat dekhe
 Jise kisi ka dard nahin
 Manvata nilam kare jo

Sach kah doon wo mard nahin
 Nari geeta ramayan
 Nari puja ka darpan
 Arey chhadke apni maryada
 Jab ram banega ravan ravan
 Jala duni main
 Rasme mita dungi main
 Ye suraj bhuja dungi main
 Ghungata jala dungi main

Jisne beti jani nahin
 Beti ki vidayi kya jane ky ajane
 Jiske pap nahin zakhmi ho
 Pir parayi kya janen kya jane
 Sewa karne ko beti ki
 Is se bada samman nahin
 Kanya dan se badkar pavan
 Jag mein koi dan nahin
 Jag mein koi dan nahin

Nari hi beti bahna
 Nari mamta ki mainna
 Babul se bas beti mango
 Mat mango tum gehana
 Arey mat mango tum gehana

Bas lalach ki had ho li
 Na lagao dulhan ki boli
 Bas lalach ki had ho li
 Na lagao dulhan ki boli
 Varna durga banke jala doon
 Main dhej ki doli doli
 Jala duni main
 Rasme mita dungi main
 Ye suraj bhuja dungi main
 Ghungata jala dungi main.

More Lyrics from [Kalyug Aur Ramayan \(1987\)](#)

